



Sanctioned
by:



Saturday, October 26th

5K Run & 1 Mile Walk 8AM

ALL PROCEEDS GO TO HALE KAU KAU

Feeding the Hungry with Compassion & Aloha

PLACE: Hale Kau Kau 25 W Lipoa Street KIHEI, HI

9th ANNUAL STOMP OUT HUNGER

HALLOWEEN COSTUME CONTEST AT AWARDS CEREMONY!

**Participants and non Participants can also support HKK
and its mission by being a SPONSOR:**

\$10-\$25 - Short Order Cook Sponsor; \$26-\$50 - Line Cook Sponsor

\$51-\$100 - Chef de'Cuisine Sponsor;

\$101-\$499 - Executive Chef Sponsor

SPONSORS ABOVE \$500 CAN HAVE THEIR NAME/LOGO ON THE SHIRT

\$500-\$999- GOLD MEDAL SPONSOR

\$1000+ PLATINUM SPONSOR

Hale Kau Kau is a non-profit organization dedicated to feeding the hungry on Maui. Currently, Hale Kau Kau delivers 100 hot meals each evening to our homebound elderly and disabled here in South Maui; HKK also serves a hot meal to anyone who comes to the kitchen in the evening no questions asked. Hale Kau Kau has served meals every day of the year for 34 years. To date HKK has served over 1.6 million meals to those who are hungry.

9th Annual Stomp Out Hunger 5K and 1 Mile Walk

5K RACE APPLICATION AND 1 MILE WALK

Run or walk information: please write clearly and circle all specifics

NAME: _____ AGE (FOR 5k ONLY) _____ ADDRESS: _____
PHONE HOME/CELL _____ PLEASE PRINT EMAIL: _____

CIRCLE HERE FOR 1 Mile WALK

For 5K PARTICIPANTS:

Male or Female (circle one)

5K PARTICIPANTS CIRCLE ONE AGE GROUP: YOUTH: 10 & under 11-14 15-19

OPEN: 20-24; 25-29; 30-34; 35-39 MASTERS: 40-44; 45-49; 50-54; 55-59

SENIORS: 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+ WHEELCHAIR division or

TEAM CATEGORY: NAME OF TEAM _____

Corporate Team Challenge: 4 person team from any hotel, business, club or group

WOMEN'S TEAM: MEN'S TEAM; MIXED TEAM MUST HAVE 2 WOMEN;

CONTACT Dr Mary For details and payment – team fee = \$120

T SHIRTS TO ALL: WALKERS; RUNNERS & TEAMS

CIRCLE ONE – XS, SMALL, MED., LARGE, XL, XXLARGE

EVENT WAIVER:

I know that running a road race is potentially hazardous activity. I attest that I am adequately trained and conditioned to run this event. I agree to abide by the decision of the race director to participate. I assume all risks associated with running this 5k/1mile walk including but not limited to tripping and falling, contact with other participants, the effects of hot and humid conditions, traffic and all other conditions of the road. Having read the waiver and knowing these risks and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf waive and release HKK, the county of Maui, and the State of Hawai'i from all claims of liability of any kind arising out of my participating in this event

Signature: (of participant OR Guardian for those under 18) _____

Run/Walk Fees:

\$30 until Oct. 25th ; \$20 discounts for youth UNDER 15 & seniors OVER 65

After Oct, 25TH \$40 for all no discounts - all proceeds go to **Hale Kau Kau**

Make Checks payable to Hale Kau Kau – SOH

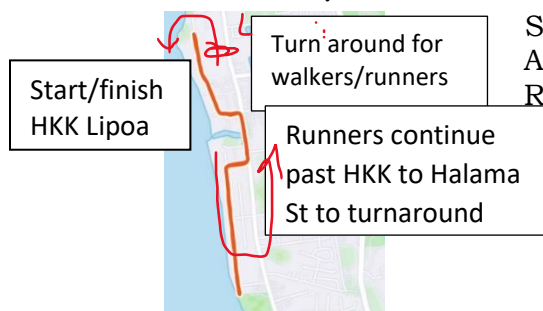
Or Call 875-8754 for credit card payment,

Send completed application form to Dr Mary 25 W Lipoa Street Kihei, HI 96753 attn: SOH
or sign up on line: <https://runsignup.com/Race/HI/Kihei/halekaukau>

T Shirt & PACKET pick up: FRIDAY OCT 25th AT HALE KAU KAU 5:30-7PM

or DAY OF RACE 7- 7:45 AM AT HALE KAU KAU 25 Lipoa Street Kihei

Breakfast to all WALKERS/RUNNERS/VOLUNTEERS at the awards ceremony
awards for THE 5K 1st ,2nd & 3rd in each age group & overall 1,2,3 in 1 MILE WALK



START ON Lipoa St. Go north to turn around,
All go back to Hale Kau Kau, Walkers are finished,
Runners continue to South Kihei Road, turn RT.
follow the arrows and cones and turn right
at the first street. Short block then turn left on
Halama St. and go to the water stop, turn around.
Run back to the start and finish!

For more information: Contact Dr Mary at 875-8754 or 875-0178; email: mtrotto@liu.edu
or halekaukaufundraising@rcchawaii.org

HALE KAU KAU IS A MINISTRY OF ST. THERESA CHURCH 501c3 Tax ID 99-0222548